**Week Five**

**Page 1**

**Forming a Coalition of Women Leaders: Rising for Action!**

Accountability Partner Review

R\_\_\_\_\_\_\_\_\_\_\_\_\_ E\_\_\_\_\_\_\_\_\_\_\_\_\_\_ A\_\_\_\_\_\_\_\_\_\_\_\_\_ L\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(\_\_\_\_\_\_\_\_\_\_\_\_\_\_) (\_\_\_\_\_\_\_\_\_\_\_\_\_) (\_\_\_\_\_\_\_\_\_\_\_\_) (\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_)

**Chapter 1**: The Law of Intentionality: Growth doesn’t just \_\_\_\_\_\_\_\_\_\_\_.

**Chapters 2 and 3**: The Law of Awareness and the Law of the Mirror

Knowing and Growing Ourselves

DISC: D\_\_\_\_\_\_\_\_\_\_\_\_, I\_\_\_\_\_\_\_\_\_\_\_\_\_, S\_\_\_\_\_\_\_\_\_\_\_\_, C\_\_\_\_\_\_\_\_\_\_\_\_

My Style: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Word that Describes My Style: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Chapter 4:** Law of the Mirror: People are never able to outperform their \_\_\_\_\_\_\_\_\_\_\_\_\_\_, so guard your \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_!

**Chapter 5:** The Law of Reflection: In order to grow, everyone needs

\_\_\_\_\_\_\_\_ \_\_\_ \_\_\_\_\_\_\_\_\_\_\_

**Chapter 6: The Law of Consistency** \_\_\_\_\_\_\_\_\_\_\_\_\_\_gets you going. \_\_\_\_\_\_\_\_\_\_\_\_\_\_ keeps you growing. Main Word: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Chapter 6 Lesson: The Law of Environment:** Growth thrives in \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ surroundings. Who you learn from and who you spend time with matters. Song to pick you up and change your energy: “I Love My Life” Robbie Williams

**Chapter 7 Lesson: The Law of Design:** To maximize growth, develop \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

**Chapter 8 Lesson: The Law of Pain:** Good Management of \_\_\_\_ experiences leads to great \_\_\_\_\_\_\_\_\_\_\_\_\_\_.

**Week Five**

**Page Two**

**Chapter 9 Lesson: The Law of the Ladder:** \_\_\_\_\_\_\_\_\_\_\_ determines the Height of Personal Growth. The most important leadership characteristics that emerges is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

I will teach only what I \_\_\_\_\_\_\_\_\_\_ - \_\_\_\_\_\_\_\_\_\_ matters.

**PURPOSE VISION GOALS and FOUR PILLARS OF HEALTH/WELLNESS**: Review with Accountability Partner. Commit to one to five things.

**Next Class:** September 16th. Read Chapters 9 and 10. Continue work on Purpose, Vision, Goals. Complete draft. Share with Accountability Partner. Next Guest Speaker: Shery Capello, Mayor of Lebanon

Tonight’s Guest Speaker: Nicki Mauer, Community Health Council